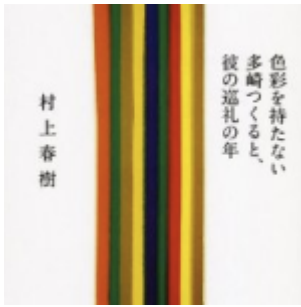


# My Favorite World #24



It's book week at MFW!

Two great reads under my belt in the past few days – Walter Mosley's *Debbie Doesn't Do It Anymore* and Haruki Murakami's *Colorless Tsukuru Tazaki and His Years of Pilgrimage*. Coming off a failed attempt at Donna Tartt's *The Goldfinch*, it was a relief to pick up a couple of winners.

I just finished the Murakami this afternoon, and it pushed all my buttons. Deeply felt, beautifully written<fn>If the translator is to be believed.</fn>, and paced like a slow walk in the woods. Tsukuru is a 36 year old man who suffered a terrible sadness at age 20, nearly died (or attempted suicide) as a result, and has lived a dull and hermetic existence ever since. The book is his long-overdue journey to understand (or not) and come to (or not) a sense of acceptance. It seems that Murakami's lifelong project is to try to make sense of loneliness and alienation, and in this book it's no longer buried under metaphor; the loneliness is front and center this time.

It's almost a trademark of Murakami to focus on a disaffected, emotionally frozen protagonist. He's done it often, and well, but it never feels as if he has settled into formula, from Toru Okada in *Wind Up Bird Chronicles* to Kafka Tamura in *Kafka on the Shore* to Tengo Kawana in *1Q84*. Tsukuru is similar to these characters, but distinctly his own man, no small irony with the central conceit of the novel asserting that he is inherently bland and colorless.

The ending<fn>Which I loved!</fn> leaves many questions unanswered, and as I approached the end and realized this was to be the (ir)resolution, the sense of warmth and affection I felt for Tsukuru multiplied itself. Some people hate the unresolved ending, but I'm not one of them.<fn>Please refer to the Legal Disclaimer at The Immunity Manifesto for details.</fn> I loved the ending<fn>Yes, loved!</fn>, one of the most satisfying book closings I've enjoyed in years.

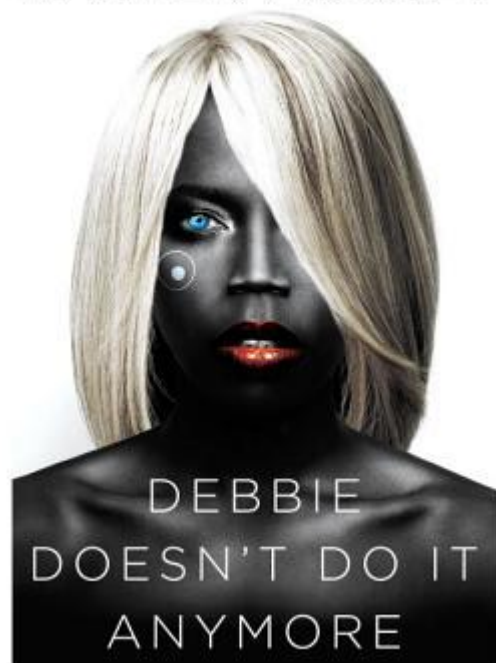
Previous Murakami novels include *Kafka on the Shore*, *Norwegian Wood*, *The Wind Up Bird Chronicle*, and *1Q84*. I loved them all, and there are many more waiting for me. He's hugely popular in Japan; *Colorless Tsukuru* sold over 1 million copies in the first week of release in Japan. He's worthy of the hype.

(btw, my daughter's English class read *Kafka on the Shore* last year. I was pretty excited about this and I re-read it along with her. But at some point in the reading, one of the students told her mother that there was s-e-x in the book. Said mother stormed into the school and demanded that they stop teaching the book. Sadly, the school caved. I remain furious with this meddlesome, bible banging rube. Definitely *not* a contributor to My Favorite World.)

There are some similarities between *Tsukuru* and *The Goldfinch*. The protagonist in each book suffers a traumatic emotional episode as a teenager. Both books explore in great detail the interiority of the main characters, and do so at a slow, nearly glacial pace. Yet *Tsukuru* was so compelling I read the full 400 pages in less than two days; with the *The Goldfinch*, I could not wait to put it down every time I picked it up, and after 200 pages over two weeks, I finally couldn't stand another word of it. I can't put my finger on why, necessarily, other than I experienced Tarrt's writing as slooow for the sake of being slow, almost like a technical demonstration.<fn>Watch me! Watch me!</fn> With Murakami, the slowness had a forward rhythm to it that gave me the sensation of living inside Tsukuru's insular and measured world; it felt

like an organic aspect of the experience rather than a parlor trick.<fn>I realize I'm in the minority on *Goldfinch*, and do not suggest that if you liked it you're wrong or anything like that. I might actually have liked it at another moment in my life. Books are funny that way.</fn> End of crappy comparative lit exposition...read the Murakami. You'll be glad you did.

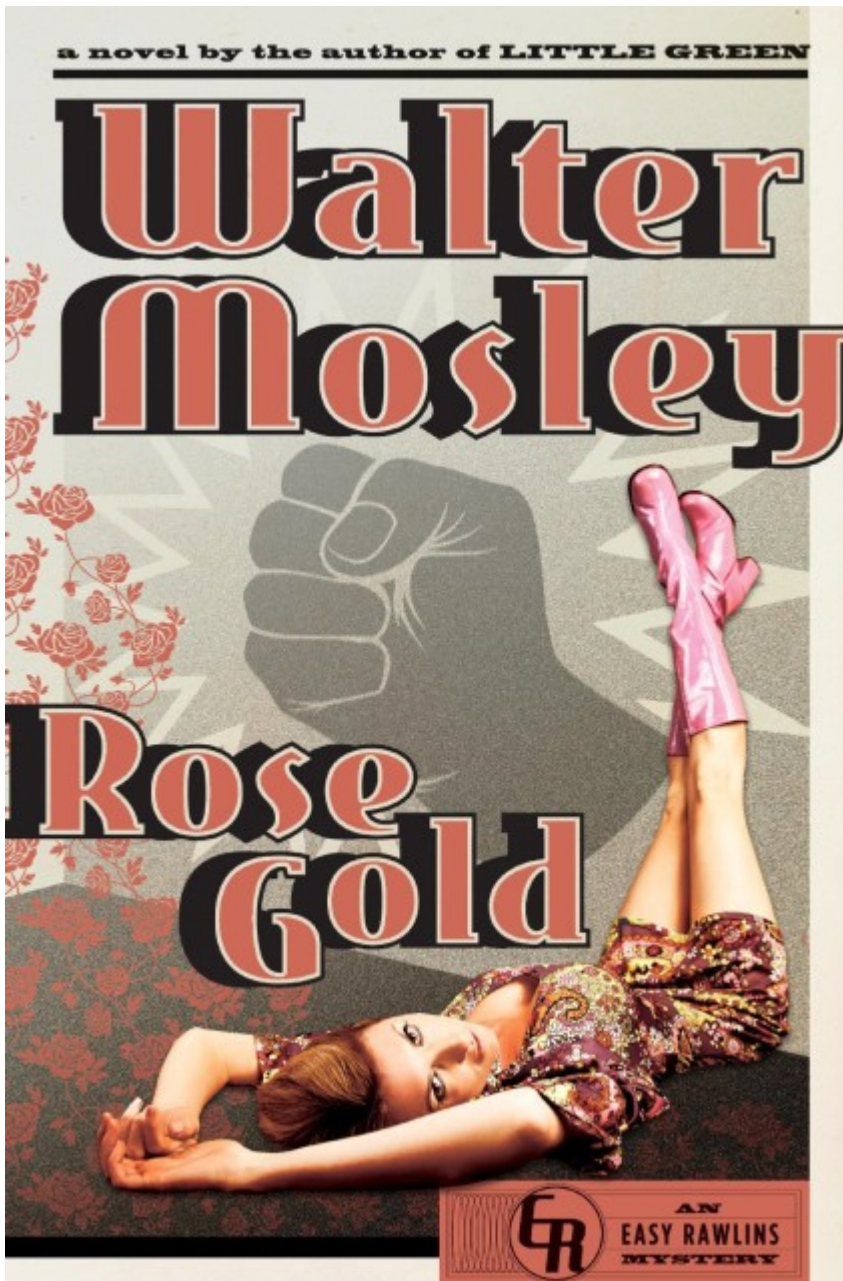
A NOVEL BY  
WALTER MOSLEY



Walter Mosley continues to amaze. He's written more than 45 books, and I've read around 30 of them. None have made me feel like I wasted my time. *Debbie* is about a porn megastar in L.A. who decides to make a break from the business. Mosley gets deep behind her character's motivations and history; we get a real sense of Debbie as a person, not just, as she puts it, "a set of orifices on the screen". Add to that a suspenseful plot and Mosley's mastery of language and sly sense of humor...well, it's a quick read and a winner. And as always, Mosley uses his characters and plots to examine the dynamics of life as an African-American.

Sitting at hand is the latest in Mosley's Easy Rawlins series, number 13. Like most of his fans, Rawlins is where I first got

to know Mosley, starting with *Devil in a Blue Dress* in the early 90s. Unfairly, this series about an accidental LA private eye in the post-WW2 era got Mosley pigeon-holed as a mystery/crime writer<fn>A genre I truly love, btw.</fn>, but he is so much more. Rawlins is the author's eyes and ears, showing and interpreting the post-war experience of African-Americans in Los Angeles.<fn>Think *Chinatown* from the perspective of the black community.</fn> The plots and mysteries are always top notch and keep you on the edge of the seat, but they are in some ways incidental to Mosely's central project – an exploration of the political and cultural factors that served to define the dimensions of what it means to be Black in White America, and what that means to his primary characters.



So I read the first couple of pages of *Rose Gold* and began to think I should go back and re-read the series before I read this one<fn>I first read *Devil in a Blue Dress* about 25 years ago.</fn>, just binge it like a Netflix series. I have a huge stack of reading on my nightstand, so this feels like a scary commitment, but it might be time to re-visit the origins of Easy and Mouse and Jackson Blue.

By 1995, Denzel Washington used his clout to get *Devil* on the screen. In a sane world, this should have been a long-running franchise, but leave it to Hollywood to fuck up a perfectly good crowbar. Still, the movie remains memorable as the first

time I laid eyes on this guy.<fn>Not entirely true. It turns out I'd been watching him for a few seasons in a better-than-average tv series called *Picket Fences*, but he was so completely transformed in *Devil* that I didn't realize it for a while. One night while watching him play the quiet, dapper DA in the show, it hit me. His great career is no surprise...the guy had chops from the start.</fn>



Don Cheadle as Raymond "Mouse" Alexander

This was Don Cheadle's breakthrough, as Easy's best friend Mouse. A homicidal criminal and true blue friend, Mouse is one of my favorite characters out of any book. Denzel was great as Easy, but Cheadle just nailed this role. You literally can't look away when he's on screen. He is absolutely one of the My Favorite World all-stars.

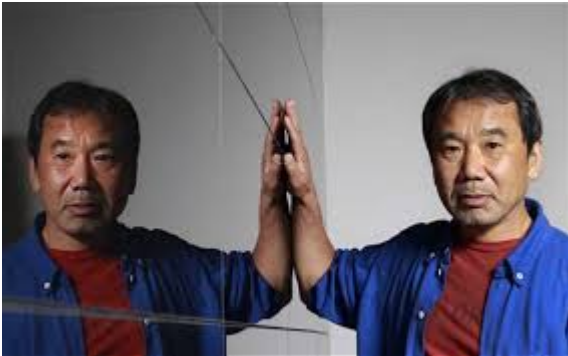
All this leads me to think I should also re-read *The Man in My Basement*, which is my favorite Mosley to date. And that leads to the Socrates Fortlow and Leonid McGill books, and his sci-fi novels and stories, and, and, and. He has demonstrated time and again that he transcends the crime writer straight jacket.<fn>Hell, *Man in my Basement* is way closer to Chekhov

than Chandler.</fn>

Seriously, 45 books in 25 years. That's some badassery right there.

So to sum it all up...

Haruki Murakami:



Walter Mosley:



***"I took up writing to escape the drudgery of that every day cubicle kind of war."***

***Walter Mosley***

My Favorite World.

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# Your Electric Picture Radio Box Matters #1



**SPOILER ALERT: Mad Men Season 7 spoilers below.**

One of the best novels I've ever read is almost at an end. This book sits on a list that includes *Les Miserables*, *Infinite Jest*, *Catch-22*, *The Sopranos*, and *The Wire*. Yeah, programs from the electric picture radio make the list. Wanna make something of it? If I were to include short story collections, I'd mention *Twilight Zone* and *Outer Limits*, Chekhov, and Raymond Carver.

Last night I watched the 3rd-to-last episode of *Mad Men*, and out of seven seasons, that image above is one of the most evocative and cool and resonant and hallucinatory and plain badass moments of the entire book. The bare bones of the abandoned SC&P office; the closest thing left we have to play the grand patriarch, albeit thinly represented; and Peggy of our Heart casting it all to the wind, drunk and roller skating through the ruins as Roger plays *Hi-Lili, Hi Lo* on a cheesy organ – the whole sequence felt like that revelatory acid trip moment where you *really, really see, man*.

Roger, the Pale King, grants the princess in disguise a token of power from the One True Patriarch in the form of an antique Japanese porn print (Lear and Ran meeting nicely). Peggy

recoils; *The Dream of the Fisherman's Wife* is not the kind of art a nice Catholic girl would hang in her office.



Peg is an ace copy writer, or as we prefer to be known, cunning linguists.

And then, the best piece of Roger-Peggy dialog in the whole damn book:

*“You know I need to make men feel at ease,” she says.*

*“Who the hell told you that?” Roger replies.*

Who told her that? Joan, the dethroned Queen Bee, back in the very first episode – 7 years ago in our time, 10 years ago in Mad Men time. Peg takes this advice to heart, this blessing of the dwindling patriarch to go and be as badass as she can muster. And while I thought I'd never enjoy an image of Peg as much as the drunken roller skating, I was wrong. Here we see her here striding the halls of McCann like a colossus, brandishing her cigarette and Asian porno like a sword and

shield.



### Warrior Princess

This is a woman who has run out of fucks to give, and who has the internal strength to not have to give them anymore. The sequence plays beautifully, rendered in slow-mo as the white collar drones stumble over their feet trying to get out of her way.

Like the best books of my life, I want *Mad Men* to slow down as we approach the end. I can't wait to find out how it ends<fn>Though given their history of landing the biggest blows 2-3 episodes *before* the season finales, we may already know. For example: Joan told Peg in the first episode years ago to defer to men; she now knows she doesn't need to. I think it means we've seen the last of Peggy. She's done here.</fn>, but I also can't stand the idea that we won't get to follow the characters beyond the final page.<fn>Not that I want anything to do with sequels, prequels, spin-offs, board games, *Mad Men*-labeled scotch or filterless cigs, &c.</fn>

And yeah, it's a novel. It's as textured and considered and layered as any great novel. People have derided it<fn>To my face!</fn> as nothing more than a soap opera, as though many

of the greatest pieces of literature don't also fit that description.<fn>Paging Emma Bovary and Countess Olenska.</fn>

There are more fully realized characters here than in most great novels, and more than a few secondary characters rendered with greater depth and sympathy than most books/movies/ tv shows can muster for their central players. The detail accorded fashion and cultural context are damned near encyclopedic, on par with Hugo's description of the Paris sewers or DeLillo's shot heard round the world baseball game chapter in *Underworld*.

One thing *Mad Men* delivered that's really striking is the sense that, even when characters are not on-screen for weeks (or years!) at a time, when they re-appear we get the sense that they have actually been *living* the whole time they were away. This is an impressive achievement, and one that not many of our favorite novels can deliver.<fn>e.g., even the implacable Javert seems to have been sitting on a shelf whenever we are not with him on the page.</fn>

And maybe even more pertinent to Your Narrator: I know these people. I lived in the NY suburbs during this period. My Dad was a marketing exec, right at the edge of the Madison Avenue gaggle. I recognize the bosses, the underlings, the sycophants. I know the secretaries whose job description included remembering the boss's kids' birthdays; to recognize their voice on the phone; to 'take care' of us when we visited the skyscrapers at inconvenient moments. I wore the pajamas that kid wore, and I had some of the same toys, and the houses looked that way, and the moms and dads acted that way. The clothes and cars and hairstyles and music all changed the way we see it unfold in this book.

And then one day, they sit you down and tell you that mommy and daddy aren't going to live together anymore, but don't worry because nothing really is going to change and they both still love you very much and the earth opens up because you

know it's sugar-coated bullshit even if you're too young to even know that word.



That's me, second from the left. I swear I had that same shirt.

*Don: "I'm not going, I'll just be living elsewhere..."*

*Sally: "That's GOING, you say things and you don't mean them, you can't just do that!"*

I can attest to the veracity of the dialogue, the setting, the emotion, the whole package. No cluster of words on a page has ever devastated me more than watching this scene of this "soap opera" on the idiot box. I don't remember any printed words causing me to explode into broken-hearted sobbing like this one.<fn>The death of Gavroche Thénardier on the barricades caused me to burst into tears. But no heart-tearing sobs.</fn> (For that matter, I rarely laugh out loud while reading, but often do so while watching tv or movies.<fn>That Your Narrator may be an unwashed Philistine is a question disposed of quickly. He most certainly washes.</fn>)

So does the electric picture radio matter? Since I casually name-dropped Emma earlier, let's hear from her on the delights of reading:

*"You forget everything. The hours slip by. You travel in your chair through centuries you seem to see before you, your thoughts are caught up in the story, dallying with the details or following the course of the plot, you enter into characters, so that it seems as if it were your own heart beating beneath their costumes."*

Television at its best delivers the same experience. Sure, it serves up some weak sauce, but we don't let Bulwer-Lytton or 50 Shades of Grisham keep us from the pleasures of [insert your favorites here]. The long-form format – especially on cable – enables stories that can contain Tony Soprano and Omar and Al Swearingen and Frank Pembleton, with characters and storylines that put to rest any argument that television cannot be as profound and *literary* as books.

It's a fair bet that I'll write more about *Mad Men* as time goes by. I'm going to take a break for a while and then re-read it, just like my other favorite novels.

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## In Defense of Shame



I come here not to bury shame, but to praise it. Sort of.

There has been a surge in the media about the damaging impact of shame on our individual psyches. In general, these are pretty much outstanding discussions about how we internalize shame and allow it to debilitate our lives in ways subtle and not-so. In particular, I recommend this talk by Dr Brene Brown:

Dr Brown's talk, and her fine book *Daring Greatly*, have been very useful in my recent evolution into whatever it is that I am about to be becoming. I'm not a big fan of the self-help genre, but I am glad I read this one. She's funny and she has some humane advice for people who are susceptible to shame. Most of us, really. Just not the ones who should be. See below.

Right along these lines we've seen a recent TedTalk from Monica Lewinsky, and while it is not as essential as Brown's talk, it is a pretty gutsy appearance from a woman who was put into the stocks in the public square on a scale that is still hard to understand. That she was not crushed to dust by that horrific ordeal is really hard to believe. Respect! In *So You've Been Publicly Shamed*, writer Jon Ronson relates episode after episode of gang-shaming to illustrate the ways public shaming via social- and traditional-media has become a slithering beast that titillates and thrills the pitchforked mob as it consumes and spirits away everything in its path.



what rough beast, its hour come round at last, slouches towards Bethlehem to be born?

And I am in pretty solid agreement with these folks. Shame and shaming are powerful weapons, especially when turned on the basically powerless – children and teens, especially, but human beings generally. And as Lewinsky notes, it has devolved into a sort of blood sport that treats its targets as disposable widgets that exist outside of a human frame. It is random, cruel, and serves no real purpose, unless one considers the development of smug superiority a purpose.

But I have to admit to longing for a time when *shame* was a useful check on more egregious human behaviors. Now surely, I do not accept that a young man exploring his sexuality in the privacy of his dorm room is a worthy target, any more than is the careless Tweeter who is so-to-say *exhibiting his/her ass* through imbecilic tweets deserving ruination for what amounts to minor stupidity. Nor does a child deserve to be humiliated to ensure a change in behavior, an all too prevalent mode of adulting, one that is probably just as damaging as being quick with the belt.<fn>My first day of school in a new town, we arrived 3 days after classes began. One teacher, when I handed her my forms, snarled, “Class started 3 days ago and

you're late. *Aren't you ashamed?*" I literally could not look at that beast for the entire school year. You bet I was ashamed, but I had no idea why. The shame should have belonged to her.</fn>

So true, a lot of the instances of shaming and humiliation amount to nothing better than blood sport, a distillation of the *paparazzi*-hounding that celebrities must endure. And it is a favorite tool of deflection among those who feel shame but wish it to belong to someone else.<fn>Let us consider the careers of the modern-day *Savonarolas* like Swaggart and Haggard and Westwood Baptist.</fn> Surely, we would be better off as a society if we could all just leave each other the fuck alone, or at least mind our own damned business. Most of what we are induced to pay attention to has absolutely nothing to do with us. Look away, fercryinoutloud.

But as rampant as this kind of shaming has become, we have lost shaming as a tool in the realm where it could really make a difference.

Some years back, a pal and I were philosophizing about the havoc St Ronaldus Maximus had wreaked upon our land. At one point, we came upon this damning formulation:

Reagan erased shame from our public vocabulary.

Rick Perlstein's book *The Invisible Bridge: The Fall of Nixon and the Rise of Reagan* presented this idea in a different form:

*...all that turbulence in the 1960s and 70s had given the nation a chance to finally reflect critically on its power, to shed its arrogance, to become a more humble and better citizen of the world – to grow up – but Reagn's rise nipped that imperative in the bud...Then along came Ronald Reagan, encouraging citizens to think like children..."*

This was amply demonstrated in the reaction to the movie *Wall Street*; when Gordon Gekko declares that "Greed is good!", too many viewers mistook his character as the hero of the morality play, with Bud Fox seen as the schmuck loser for having some shred of human decency.<fn>A similar mis-reading came with the more recent *Wolf of Wall Street*, wherein the lunatic behavior of the main characters was received as some kind of model for emulation.</fn> Up until the Reagan raj, greed and excessive consumption were generally agreed to be shameful, poor behavior. No more: *Lifestyles of the Rich and Famous* should have set the tumbrels rolling and the pitchforks aloft. Its impact was the opposite – the repugnant people wallowing in their tacky excess became heroes. Did they deserve shaming for being rich? Hell no. But their tasteless and thoughtless exhibitionism certainly earned them the kind of revulsion one might feel for public masturbators or pet-torturers. Instead, what we saw was the elimination of shame as a response to shame-worthy behavior. Even those rapacious bastards Rockefeller, Carnegie, &c. had the wit to recognize that they had to offer philanthropic gestures to counterbalance their shameful behavior.

Why, asks the frustrated reader, is this worthy of 1000+ words at this particular moment in time? What spurs this unhinged diatribe?

Two words: Judith Fucking Miller.<fn>One of those words is a bonus.</fn>

Of late, this war cheerleader and proven fabricator has been making the rounds to promote her book, and is being treated on the electric picture radio machine as a reputable person who deserves respect. Yet she offers no apology for her part in the fraudulent sale of a war that claimed over 100,000 lives.

She has no shame. She should. She should wear sack-cloth and crawl on her knees cleaning bedpans at Walter Reed until her last breath. Instead, she is collecting checks.

Is Bill Kristol (to name yet another keyboard kommando) ashamed of being absolutely wrong on every major question while cheerleading other people's children to war? This mendacious hack isn't even worthy to clean the bedpans.

Are any of the architects of war ashamed? Are the Masters of the Universe, those geniuses of financial innovation who drove the economy into a ditch, ashamed?

Does Henry Kissinger feel shame?

Rumsfeld? Cheney?

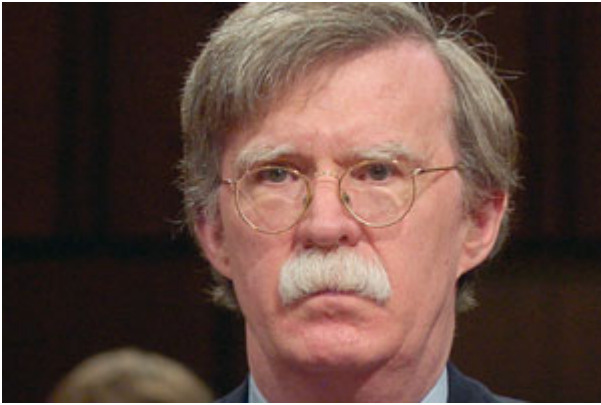
Not so much. No matter how wrong or damaging these people have been, they never seem to have to pay for their track record. I mean, Jesus H Christ bearing false witness, what does it take for someone like that to be shunned, to be told firmly to please shut up and go away? I'm not asking for ritual seppaku – though I would not be opposed – but some sense of decency and remorse would be a good start.

Is the inability to feel shame a perfect definition of sociopathy?

OK, wise guy pointy headed liberal writer – who decides whether something or someone is shame-worthy?

Ah, the judgement call. And aye, there's the rub. And it may be that any usefulness that shame once had is now gone, frittered away on our reflexive addiction to piling on whenever a Kardashian or a sportscaster or an athlete acts the public (or semi-private) fool. And our cultural tendency to focus on the trivial<fn>e.g., Jameis Winston's asinine public performance of "fuck her right in the pussy", which remains the only act that has earned him any disciplinary action</fn> renders shame that much less useful in cases where it is called for. Because if the tool we use to shame Kelly Clarkson for having the gall-durned nerve to appear in public before losing her baby weight is also the best we can do when a

monster like John Bolton<fn>Yeah, this miserable fuckwit.



</fn> can't shut his goddam piehole no matter how many times he's proved wrong, well, I'm not sure that opprobrium has any heft anymore.

I'll give this much to Nixon – I believe he knew that his misdeeds were shameful, and knew it so well that it drove him to even more misdeeds to hide the first ones. Reagan and his gang were just the opposite: they replied with a wink and a nod, letting us all know that *shame* was no longer a reasonable response. You take what you want, do what you want, and never, never apologize.

I mean, really...some people just have no shame.



A vicious monster alongside a noble beast that inspires awe, even in death.

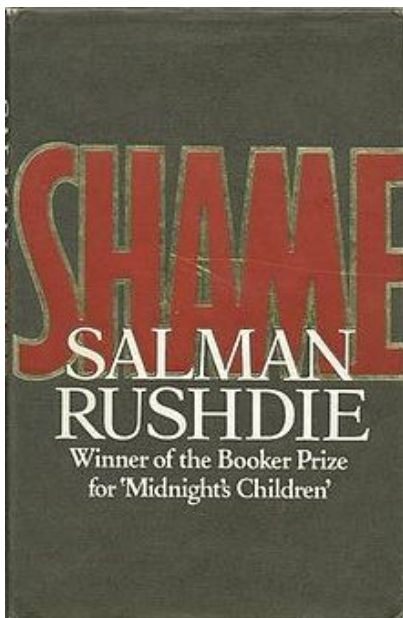
This wretched woman has been subject to a flood of online shaming. Does she deserve it? I say absolutely. Is it making any difference? Probably not. She'll be out gunning down more creatures soon, no doubt, and Ricky Gervais is racking up the hit counts.

Still, I defend the potential utility of shame. Properly recognized, it should serve us all as a guide in our personal decisions and behavior. I agree<fn>Hell, I know too well</fn> that shame can become a distorting force that can cripple a person. But still, the old adage of 'never do anything you

wouldn't want your Mother to see you do' certainly has shame at its core. But that's not necessarily so wrong.<fn>If you grew up under a Mommie Dearest scenario, my apologies. But there must be someone, living or dead, whose admiration you value. Let that person/entity be your invisible observer.</fn>

Maybe shame is just for the little people now? Or maybe it's just another form of entertainment, the precursor to and inevitable outgrowth of reality teevee. If that's it, we're all the lesser for it.

PS – This is a great book that explores the notion of shame far better than I do, but in a different cultural context.



Read this.

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**My Favorite World #18**



When I was a lad, I decided I should go ahead and plan on accomplishing three simple tasks:

1. Read every great book ever written.
2. Listen to every great piece of music ever written.
3. See every great movie ever made.

I'm almost finished.<fn>/rimshot</fn>

Reading is a huge piece of My Favorite World. Much of my recent reading has been non-fiction. It's been pretty heavy slogging.<fn>Including yet another run-in with Daniel Dennett that ended the way the first two did: I'm doing pretty well until, inevitably, somewhere c. page 120-150, I begin to feel I am the stupidest person in the world.</fn> I liked *Coming of Age in the Milky Way* quite a lot, but covering billions of years can sort of feel like it. It was time for some fiction.

Now, because I like to believe I am an enlightened and fair-minded fellow, I stacked up three books written by actual women(!).<fn>To burnish my bona fides as a Friend of Women; my membership renewal is up for review.</fn> Briefly, then, a few notes on these.



I've seen her movies and read her short stories, and I've even spent some time with Miranda July's web-based work. I really like her; she feels gentle and optimistic, but not a Pollyanna. Still, first novels can be problematic, so I wondered if she could pull it off.

Wonder no more. This strange tale spent the first third making me annoyed-unto-angry with the characters; the second third creeped me right the fk out; and the ending wrapped up this unlikely story with a sweetness and hopefulness that was not forced or cloying, but somehow managed to give some credence to the idea of *First Bad Man* being some kind of feel-good novel.

July's writing is sometimes spare, sometimes florid, but always direct and compelling. Even during the sections that angered me or creeped me, I never considered putting it down. She takes an unfiltered view, but never comes off as cynical or above-it-all ironic.

(Also, too: her book of short stories, *No One Belongs Here More Than You*, is pretty terrific.)

MFW

# wild

FROM LOST TO FOUND ON THE PACIFIC CREST TRAIL



Cheryl Strayed

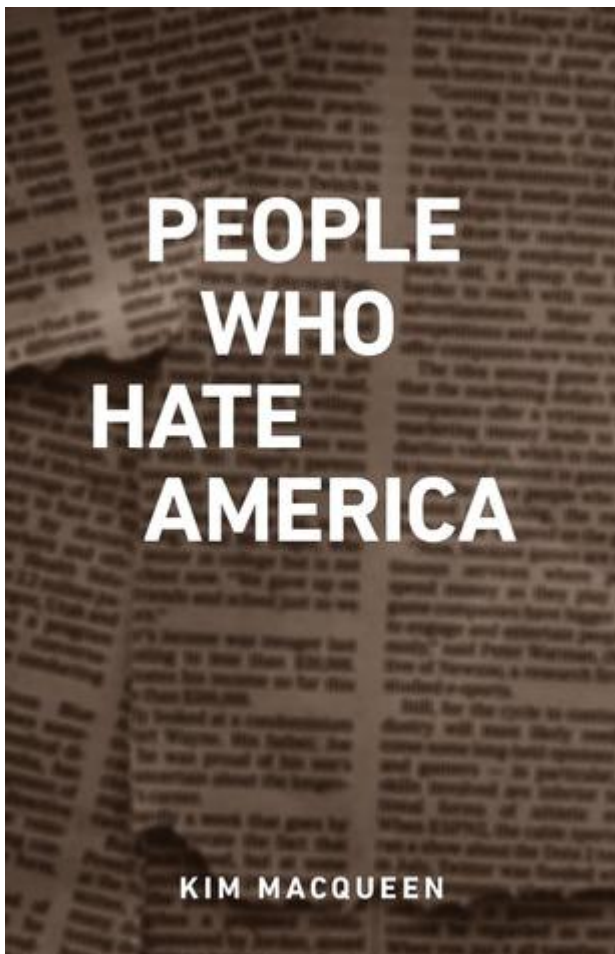
Yeah, it's an Oprah pick, but I ain't ashamed. I'm only about half-done with this book, but it is really pretty great. Strayed is a fantastic writer; the night I started, it kept me up way past pumpkin hour.

I had avoided this one for awhile, despite or because of the hoopla. Add the fact that I kind of hate the *memoir* genre<fn>With some exceptions like Jeanette Walls and Frank McCourt.</fn>, and I let this one slide. I get the sense that Strayed is giving us a pretty straight story<fn>Keeping in mind this blog's fealty to the Unreliable Narrator theory that posits that all writers lie.</fn>, heartbreaking and

terrifying and tragic.

I've been known to hurl *memoirs* wallward in disgust<fn>Augusten Burroughs, I'm calling you out!</fn>, and it could still happen with *Wild*, but I think I'm down for the whole hike.

(I also find Reese Witherspoon pretty adorable and I'm curious to see how she manages this on screen.)



This is the first of the three that I read, and it kicked this whole batch of reading off in high gear.<fn>Full disclosure: Kim and her family are good pals. This blog takes its conflict of interest standards seriously!</fn> The writing is spare, with an incessant rhythm that keeps the pages turning. The central – and several of the secondary – characters are fully realized in a crisp and economical manner. The book is funny, and sad, and tragic in places.

The story is a fictionalized account of the Mayor of Newark leading up to the 1967 riots. It's familiar in a strange way for any of us who watched *The Sopranos*. We recognize some of the wise guys from our tv screen, and some of the grifts ring bells, too. But it never feels derivative; perhaps that is because the actual Mayor was a relative of the author, but I think it has more to do with the distinctive styling MacQueen brings to the page.

Sure, she's a pal, and I'm giving her an enthusiastic plug. Take it with a grain. But I'm telling you: this is a really terrific book. And watching a friend develop her talent into something that rings like *People Who Hate America*: that is My Favorite World in spades.