

# My Favorite World #3



*Welcome back to MFW, a weekly feature that highlights the things that make this My. Favorite. World.*

## The Music Supreme

On Tuesday, December 9, 1964, the John Coltrane Quartet set up in Rudy Van Gelder's recording studio in Englewood Cliffs, NJ. The music of that night stands with the greatest achievements of human creativity. A safe bet: if someone tells you they only own one or a couple or a few jazz recordings, *A Love Supreme* will be on her shelf. The album is emblematic of a transitional period in jazz from the be-bop/post-bop phase to the eruption of free jazz. It is an utterly radical departure from most of what came before and is also, incredibly, completely accessible to anyone willing to listen.<fn>Challenging, yes, but not forbiddingly so.</fn>

You probably know all this already. Writing about *A Love Supreme* is akin to writing about Bach, *The Great Gatsby*, Shakespeare. It's so famous, and so much has been said/written about it...I doubt that I have much to add. Ashley Kahn's 2002 book, *A Love Supreme: The Story of John Coltrane's Signature Album*, provides deep detail about the sessions, the preparation, and Trane's personal philosophy that drove the conception and composition. Go there for the history. Stay here for reflection of how this album, perhaps more than any other, made me realize that this is My. Favorite. World.

I grew up on rock and roll, especially the blues based stuff. My early ambition as a hustling neighborhood lawn mower man was completely spurred by my desire to buy every album ever made. Clapton. Hendrix. Duane. One day, I bought an album by Carlos Santana with some guy named John McLaughlin. "Hey, Carlos is cool, maybe a little weirdly exotic<fn>What with all that Latin rhythm stuff.</fn>, but basically a blues cat," thought my 14 year old self. The opening track was this, a "cover version" of *Acknowledgement*, the first section of *A Love Supreme*.

Jesus H. Christ staring down Satan in the desert!

This was the first time I had heard of Coltrane, and I had no fking idea what to make of it. I had no frame of reference, nothing that helped me understand if it was good, bad, or utterly ridiculous.<fn>I felt all three ways about it on any given day.</fn> But I couldn't stop listening to it, whatever it was.

Still, even with the occasional jazz-ish oddity like Mahavishnu Orchestra or Al Dimeola or Jeff Beck's *Blow by Blow* in my collection, I was a rocking dude. Jazz remained not-too-vaguely-otherish, if not downright musty.<fn>Props paid here to my old man, who dragged me off to such like as Count Basie at Carnegie Hall and made me listen to Benny Goodman and Lionel Hampton and such, thereby laying a foundation. But still...jazz was geezer fart music. Shit, the guitars weren't even distorted. Lame.</fn>

A few years post-Watergate, I went off to college at the University of Georgia, where I fell in with a notably disreputable crowd: the volunteers at the campus radio station. WUOG-FM's programming then was a polyglot, a defiant holdover from the earlier days of alternative/pirate/underground radio. You could hear Hendrix into Flatt & Scruggs into Velvet Underground into John Cage

into Cecil Taylor into Scott Joplin. There were a few fellow students there who really knew their jazz, and I fell into their fiendish grip.<fn>Visualize a segment from *Reefer Madness* here.</fn> Pretty soon, I had stopped listening to rock and pop almost completely.<fn>This was the peak of the punk/new wave era, which I basically missed in a cloud of jazz and world music. So much for your Narrator as a eagle-eyed surveyor of prevailing *zeitgeist*.</fn>

One night, in a haze of some sort of uber-substantially-altered-mindfulnesslessness<fn>And we can just leave it at that, thank you.</fn>, I was draped across a filthy sofa in a candlelit room when a pal dropped the needle on *A Love Supreme*. From the opening stroke of the gong to the end of the opening saxophone phrase<fn>All of fifteen seconds.</fn>, my world changed. And then shit really got real.

I was unprepared, still without a useful frame of reference for what was going on, but here's the great thing: it didn't matter. This was music so pure, so honest, so skilled, that I think a herd of donkeys or a field of sunflowers would understand. Mind, this was about 35 years ago, and I remember it as clearly as if it were yesterday.

The album consists of 4 parts, totaling about 33 minutes. During this half hour, I alternated between disbelief, fear, tears, terror, and laughter. But the predominant lingering feeling was overwhelming joy that I lived in a world where something like *A Love Supreme* could exist.

Over the years, I've probably listened to this album more than any other. Times come where I put it aside<fn>Been there, done that...</fn>, only to have it pop up on the radio and hit me across the side of the head one more time. Just this evening, I've listened through the entire piece twice, and then played specific segments another half-dozen times. There are elements that send a jolt up my spine every time. The gong and opening

sax statement. The four note bass theme, as instantly recognizable as the opening to Grumpy Ludwig's 5<sup>th</sup>. Jimmy Garrison's bass solo between the first and second parts (and again  $\frac{3}{4}$  of the way through part 3 to bring in the elegiac and somewhat terrifying final movement). The explosion of Trane's sax as the second part, *Resolution*, begins. Elvin Jones' drum solo that opens *Pursuance*. McCoy Tyner's relentless block chord comping and butterfly runs. The chanting. Oh, the chanting. But mostly, the overwhelming power and beauty of John Coltrane's tenor sax, and his uncompromising pursuit of that *something* that neither he nor we could quite get at directly, but that we knew/know is there. If only...and still.

I learned more in that half hour twenty-some years ago than I had in the 18 years prior. This is music that contains multitudes: the blues, hymns, religious chants, ancient polyrhythms designed to entrance. The lessons learned from *A Love Supreme* resonate every day I'm in this world: our human potential, the possibilities, the payoff for relentless striving. But more than anything, this...

Music has the power to change the world. And that's the main reason that this world is my favorite. Any world that can produce a Coltrane is a world worth living in.